Thank you for your commitment to ending sexual violence through healing and social change!

We so appreciate your interest in becoming an office support volunteer (OSV). BARCC began as an all-volunteer organization in 1973, and we cannot advance our mission without the community of people who give their time and energy to do this meaningful work.

Volunteering at BARCC is a rewarding experience that brings all those involved into contact with the incredible resilience of survivors and our community. Those experiences are also often crisis situations that can be unpredictable and emotionally challenging for volunteers.

We find that volunteers are most successful in this work when they have taken time to address and process how they are personally connected to the issue of sexual violence, so that they can then support the healing of others and give back to the community.

For this reason, we ask that you consider the below guidelines prior to submitting your application. If you would like to discuss these guidelines further or learn about all the ways you can contribute to BARCC’s mission to end sexual violence, please reach out to us at volunteer@barcc.org or call our recruitment and training coordinator at 617-649-1273.

Guidelines for knowing if it is the right time for you to become a BARCC office support volunteer
(Please check off to confirm you have read each line.)

- It has been at least one year since you became personally connected to this issue.
- It has been at least one year since you last received BARCC services.
- You do not feel a sense of crisis in your everyday life.
- You are not currently struggling with substance use.
- You have a strong support system in place.
- You have never perpetrated interpersonal violence (including sexual and domestic violence).
- You feel 100% ready to be a BARCC volunteer.
Your contact information
First Name: 
Last Name: 
Pronouns: 
Address: 
E-mail: 
Phone Number: 

Logistics

BARCC requires a three-month commitment for office support volunteers, starting immediately after training. Please consider your plans for the coming months (e.g., applying to school, moving, etc.). Are you able to make a three-month commitment to BARCC at this time? □ Yes □ No (please explain below)

Volunteer program requirements

The office support volunteer program requires volunteers to take a weekly shift for their three months of service.

Which shifts are you available for?

Mondays: □ 9:15 a.m.–1:15 p.m. □ 1:15–5:15 p.m. □ 5:15–7:15 p.m.
Tuesdays: □ 9:15 a.m.–1:15 p.m. □ 1:15–5:15 p.m. □ 5:15–7:15 p.m.
Wednesdays: □ 9:15 a.m.–1:15 p.m. □ 1:15–5:15 p.m. □ 5:15–7:15 p.m.
Thursdays: □ 9:15 a.m.–1:15 p.m. □ 1:15–5:15 p.m. □ 5:15–7:15 p.m.
Fridays: □ 9:15 a.m.–1:15 p.m. □ 1:15–5:15 p.m.

Tell us about yourself

How did you first hear about volunteerism at BARCC?

□ Online search (e.g., Google)
- Online volunteer postings (Idealist, Volunteermatch, Senior Volunteer Services, etc.)
- Received services at BARCC
- Friend, family member, or colleague
- BARCC volunteer (current or former)
- BARCC social media; please list channel: _______________________________
- Other social media; please list channel: _______________________________
- University or college; please list: ______________________________________
- Other ______________________________________________________________

Tell us why you’re interested in volunteering with BARCC (please keep answer to 100–250 words).


Do you have any accessibility needs we should be aware of?


Thank you for your interest in volunteering with BARCC! Please e-mail volunteer@barcc.org with any questions.

Please print, fill out this application, and send to the following address:
BARCC
Attn: Megan Mulcahy
99 Bishop Allen Drive
Cambridge, MA 02139

If you’d rather fill out this application online, visit:
barcc.org/office-support-volunteer-application